ACCUSPLIT AE2720STEP Pedometer INSTRUCTIONS

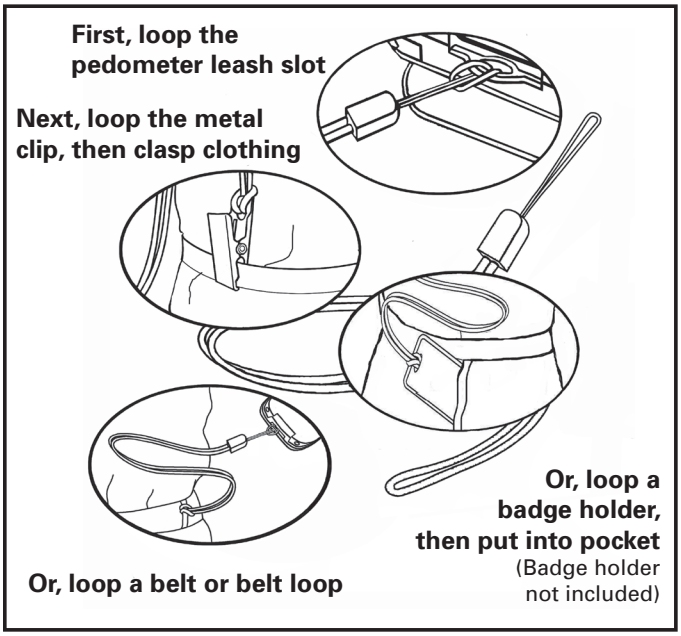
Congratulations on taking the first step to wellness with your purchase of an ACCUSPLIT pedometer. Just put the pedometer on as shown below, and start walking!

WEARING YOUR PEDOMETER

While gently holding the belt clip open, slide the pedometer onto your belt or the top edge of your pants or skirt. It should fit snugly and level, above one knee.

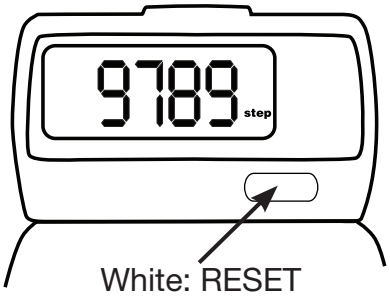
Note: The pedometer should be as vertical as possible. Walkers with larger stomachs may find it helpful to wear the pedometer farther back on the body, toward one hip.
The cover must be closed for the pedometer to work. To avoid losing or dropping your pedometer, use the included leash and clip to fasten the pedometer securely to your clothing.

Attaching the Leash: Attach the pedometer to the leash by looping the leash through the pedometer leash slot. Next, loop the leash through the metal clip. Finally, clasp the waistband of your clothing with the metal clip. You can also use a safety pin to fasten the leash to your clothing, loop the leash through your belt or belt loop, or use a badge holder.


First, loop the pedometer leash slot
Next, loop the metal clip, then clasp clothing
Or, loop a badge holder, then put into pocket
(Badge holder not included)
Or, loop a belt or belt loop

DISPLAY MODES

- step: STEP mode shows your step count since last reset, up to 100,000 steps.



VIEWING YOUR RESULTS

Once you put on your pedometer with the cover closed, it will automatically begin to record your steps.

RESETTING YOUR PEDOMETER

Most people prefer to reset step counts daily. To reset: Press and hold the white RESET button for at least 2 seconds.

REPLACING THE BATTERY

When the display starts to dim or goes blank, it is time to replace the battery. Your pedometer uses one Type L1142 (LR43) 1.5 volt silver oxide battery. To replace:

1. Insert a coin into the slot on the front of the case, and twist counterclockwise to loosen the battery door.
2. Remove battery door and take out the old battery. Replace it with a new battery. The battery's positive (+) terminal should be FACE UP while you put it into the pedometer.
3. Put the battery door back on and twist the coin clockwise to tighten.

Eat Right! Walk More! Live Well!
The ACCUSPLIT Lifestyle

ACCUSPLIT, Inc. • 6120 Stoneridge Mall Rd., Suite 210 • Pleasanton, CA 94588 USA
800-965-2008 • 925-226-0888 • FAX 925-463-0147 • www.ACCUSPLIT.com • support@ACCUSPLIT.com

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